

Українська Католицька Парафія Покров Пресвятої Богородиці

## Protection of the Blessed Virgin Mary Ukrainian Catholic Parish

550 West 14 Avenue, Vancouver, BC V5Z 1P6 Phone: 604.879.5830 Fax: 604.874.2727 E-Mail: office@stmarysbc.com Website: www.stmarysbc.com

## "Today the Virgin stands before us in the temple, And together with the choirs of saints prays to God for us."

19 лютого, 2023

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## Служби Божі/Divine Liturgies

Неділя/Sunday: 8:30 am English 10:30 am Ukrainian

**У Свята/Holy Day of Obligation** 10:00 am

#### Щодня/Daily (Mon-Sat) 7:30 am in Chapel

## Сповідь/Confessions

9:40 - 10:15 am Sunday morning By appointment during the week

Baptism by appointment

### Anointing of the Sick/Hospital Visits/ Eucharist for the sick - any time

**Marriages -** the arrangements with the priest must be made at least 6 months before the marriage

Funerals - by arrangement

## **Basilian Fathers serving the Parish**

Fr. Joseph Pidskalny, OSBM - Administrator

Сиропусна Неділя



## **Cheese-Fare Sunday**

Romans 13:11 - 14:4 Matthew 6:14-21

# Welcome! The Protection of the Blessed Virgin Mary Parish welcomes everyone to our Divine Liturgy. Thank you for worshipping with us today.

Coffee and sweets following the 8:30 and 10:30 am Divine Liturgies. Please join us.

Canada's Ukrainian Catholic Bishops issue an appeal marking the one year commemoration of the Russian invasion of Ukraine. Copies are found in the church vestibule.

## Hymns at 10:30 Divine Liturgy

Opening: Basilan chant (Ha Вавилонських piкax; Na Vavylons'kykh rikakh) Communion: page 244: Витай між нами; Vytai mizh namy Closing: page 264: Боже великий, єдиний; Bozhe velykyi, yedynyi

**Monday, February 20. Great Lent begins.** The first day of Great Lent is a strict fast day. We are to abstain from meat, dairy products and eggs, as well as foods that contain these ingredients.

Wednesday, February 22: 7:00 pm - Stations of the Cross in chapel.

**Friday, February 24:** 7:00 pm - Memorial Divine Liturgy and Sorokousty in church. (You may submit new names for the Sorokousty Service by using the Sorokousty envelopes that are found in the church vestibule.)

#### Parish Lenten Mission Missionary: Fr. Mark Zazula, OSBM

(Assistant Pastor at St. Basil's Ukrainian Catholic Church, Edmonton)

## "Growing in Holiness"

Friday, March 3: 10:00 am - Divine Liturgy & Mission Homily Saturday, March 4: 10:00 am - Divine Liturgy & Mission Homily Sunday, March 5: Mission Homily at both 8:30 and 10:30 Divine Liturgies

Opportunity for the Sacrament of Confession at each Divine Liturgy

## UCWLC Easter Bake Sale - Parishioners Only

Our Ladies League, along with the Young Adults, will have a sale on Saturday, April 1st in the parish auditorium. This year we will be taking pre-orders. We are only making paska, with borsch, beets and perogies being made available.

The bread will be made, baked and picked up on Saturday April 1 with pickup starting at 4:00 pm. **Pre-order forms are available in the church vestibule, with last day for orders to be handed in by Wednesday March 29th**. Thank you for your support! Marlayne Andrijaszyn, President

A **Ukrainian Embroidery Club** meets on Monday evenings at St. Mary's from 5:00 - 7:00 pm in the downstairs classroom. New students, family and friends are welcome. For more information, please call Emily at 778.888.3057.

**Ukrainian language lessons** are being offered online. All levels welcome: beginners, intermediate and advanced. For more information, please call Susan at 604.733.3756.

**The Sacrament of Reconciliation (Confession):** Sunday from 9:40 - 10:15 am (between Liturgies) or by appointment during the week.

## "DRY FEB" - Canadian Cancer Society Fundraiser - St Mary's Church team

**UPDATE:** Our church team is at the midpoint in our DRY FEB canvassing for cancer. We have 2 weeks to reach our goal of \$5,000.00 for the Canadian Cancer Society DRY FEB fundraiser. We hope we can rely on further donations from our parish. Funds raised are used for leading edge research, specifically related to alcohol consumption and an increased cancer risk. This work makes the fundraising challenge even more necessary to save and improve lives"

You can donate online using the link:

## dryfeb.ca/teams/st-mary-s-ukrainian-catholic-church

or writing a cheque to Canadian Cancer Society or place cash in an envelope with name/address and placing in the Sunday collection plate.

## Prayer of St. Ephrem (Prayed during the period of Great Lent) O Lord and Master of my life, keep from me the spirit of indifference and discouragement, lust for power, and idle chatter. (Prostration) Instead, grant to me, Your servant, the spirit of wholeness of being, humble-mindedness, patience and love. (Prostration) O Lord and King, grant me the grace to be aware of my sins and not to judge my neighbour, for You are blessed, now and for ever and ever. Amen. (Prostration)

(Then with a simple bow the following prayer is repeated four times)

### God, be merciful to me, a sinner. God, cleanse me of my sins and have mercy of me. I have sinned without number, forgive me, O Lord.

Then the entire Prayer of St. Ephrem is recited without the usual prostrations. One prostration is made at the end.

## Prayer for Ukraine

O Lord Jesus Christ, our God, we entreat You to hear the earnest prayer of Your beloved Church of Kyivan Rus' for her afflicted children abiding in the land of Ukraine. Deliver Your vulnerable people from unjust aggressors, foreign invasion and the terror of war.

O kind-hearted Lord, as You are our peace, soften the hearts of the unmerciful and convert those who promote hostilities toward reconciliation, so that your beloved children of the land of Ukraine, may abide in that tranquility, justice and freedom which reflects your Kingdom, where You reign with Your eternal Father, and Your most holy, good and life-giving Spirit, now, and forever and ever. Amen.

## Cheese-Fare Sunday Reflection from the Lenten Triodion - Vespers

Entering into the arena of the holy Fast, let us make every effort to humble our flesh by abstinence; in prayer and with tears let us seek the Lord our Saviour, and, that we might turn away from our evil deeds, let us say to Him: We have sinned against You, O Christ our King, save us as You saved the Ninevites of old, and in Your goodness, grant us a share in the kingdom of heaven.

When I see my deeds that deserve such punishment, I am without hope, O Lord; for I have disobeyed Your holy commandments, and I have led a foolish life. Therefore, I beseech You: Purify me in the waters of repentance by fasting and prayer, O Saviour, full of goodness; do not reject me, O Benefactor of the universe.

Glory be to the Father, and to the Son, and to the Holy Spirit, now and for ever and ever. Amen.

Let us begin the time of this bright Fast, giving ourselves over to spiritual struggle. Let us sanctify our soul and purify our flesh. Let us not fast only from food; let us also abstain from every passion and cultivate spiritual virtues. And let us faithfully persevere in this, so that we may be worthy to see the holy passion of Christ our God and the joy of His holy resurrection.

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Поквапмось усі смирити тіло стриманістю, проходячи божественний шлях безплямного посту. Молитвами та сльозами шукаймо Господа Спасителя і забудьмо врешті всю злобу, взиваючи: Зрішили ми перед тобою, Христе Царю! Спаси нас, Добросердий, як колись ніневітян, і вчини нас учасниками небесного царства.

Роздумуючи, Господи, над нашими вчинками, гідними всякої кари, втрачаємо всяку надію, погордивши, Спасе, твоїми святими заповідями, і блудно проживши життя наше. Тому благаємо: Очистивши нас зливою покаяння, постом і молінням, просвіти, як єдиний Милостивий, і не гидуй нами, предобрий Благодітелю всіх.

Слава Отцю, і Сину, і Святому Духові, і нині і повсякчас, і на віки вічні. Амінь.

Почнім радісно час посту! Віддавши себе духовному подвигові, очистьмо душу, обмиймо тіло і стримуймося в їжі, і від усяких пристрастей, насолоджуючись духовними чеснотами. Зростаючи в них любов'ю, сподобимося всі побачити всечесну страсть Христа Бога і, радіючи духом, святу Пасху.

