

St. Mary's Newsletter

St Mary's Ukrainian Catholic Parish
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Divine Liturgies

Sundays: 8:30am English (spoken)
10:30am Ukrainian (sung)
Mon-Sat: 7:30am (Chapel)
Holy Days: 10:00am
Fr Joseph Pidskalny OSBM (Admin)

God as Trinity

Educational Objectives - God as Trinity

See: Christ Our Pascha, The Catechism of the Ukrainian Greek Catholic Church, Part I

I can...

1. say that God is the Creator who made me and loves me.
2. tell you that God created the world, everything in the universe and all things visible and invisible (i.e. heaven, angels).

See: Genesis 1,2; God Gives Life,

3. name God as Father, Son and Holy Spirit (the Holy Trinity). God is Eternal and is everywhere present. God is all knowing, and all loving.

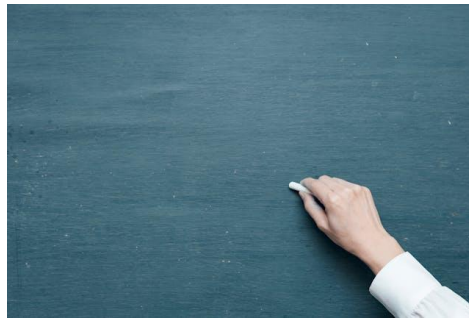
See: Mathew 28:19;

4. declare that the Trinity is the Father, Son and the Holy Spirit together. It is a mystery that God is one, yet in God there are three persons. They are all equal and all three are one God. Because we are human, we can't really understand this, but what we do believe is that the persons of the Trinity love each other completely and perfectly. It is this love that we receive from God and that we are called to give to others.

See: John 14;

5. tell you that we are created to know, love and serve God through serving one another, and to be happy with him forever.

See: Luke 17: 26-27;



What are YOU going to Teach?

"What Are You Going to Teach?" by Joseph J. Mazzella tells the story of a substitute teacher who, despite not having a full-time teaching job, made a positive impact on his students by encouraging and praising them.

He reflects on the influence of different types of teachers he had growing up and emphasizes the importance of being a positive and uplifting teacher.

He concludes by stating that everyone is a teacher in life through their words, actions, and lives, and we all have the choice to teach love, kindness, and joy instead of fear, anger, and hatred.

The author chooses to follow the path of love, learning, and joy, encouraging others to do the same.

The question is: What are you going to teach? Are you going to help God teach Love and kindness and peace and goodness and giving and sharing and Joy? Or are you going to teach fear, anger, hatred, and misery? The choice is yours. Joseph J. Mazzella

UPCOMING EVENTS

Contact -Broadcast

Suns 8am, Mons noon, Thurs 3pm
OMNI1, Shaw Channel 8

Nash Holos -Ukrainian Roots

Sundays 5-6pm
AM 1320 livestream-wwwam1320.com

Rally and March for Ukraine

Sundays 2pm to 3:30pm
Canada Place (three large flagpoles)

Ukrainian Friday Night Suppers

Feb 21, Mar 21, April 18 4-6:30pm
Ivan Franko Society Richmond BC

Freedom Salon – Ukrainian Art & Artists

February 19-March 2 noon-5pm
Gallery George Vancouver

Perogies For Peace

February 22, March 29 4-6pm
Holy Eucharist Cathedral New West

Invictus Games (Ukraine participating)

February 8-16,2025
Various Locations-Vancouver/Whistler

Ukrainian Opera and Ballet

March 2025
Richmond Theatre

BC Ukrainian Cultural Festival

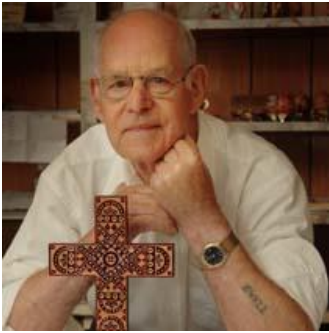
Saturday May 3, 2025
Mission BC

Check with the venue for details or updates

You can see more at :
<https://sites.google.com/uahub.ca/bcuaca/home>

Parishioners' Books

STEVE (STEFAN) PETELYCKY was born in Ushnia in Western Ukraine on May 24, 1923. Steve's life had its challenges and his philosophical motto in his later years became **"That's life!"** Steve was fortunate to survive his imprisonment in Nazi concentration camps during the Second World War. His experience in those camps is recounted in his book **"Into Auschwitz, for Ukraine"**. He worked for CP Air/Canadian Airlines for 20 1/2 years before retiring. Steve and his wife Sofia spent 46 years in their home on Blundell Road, which also housed their home business, **Canadian Ukrainian Handcrafts**. Steve was a **rizar (wood carver)** who enjoyed making and carving plates, crosses, picture frames, boxes and other items which he sold in their store. His works were displayed in several museums, notably the Canadian Museum of Civilization in Ottawa. He was a founding member of the **World League of Ukrainian Political Prisoners**. He was involved in the collection, shipment and distribution of humanitarian and medical



aid from Canada to Ukraine for over 10 years. His efforts earned him a medal from the Ukrainian Government. Steve was an active member and volunteer at St. Nicholas Ukrainian Catholic Church (Winnipeg), **Protection of the Blessed Virgin Mary Ukrainian Catholic Church (St. Mary's, Vancouver)**, the Ukrainian Catholic Eparchy of BC, and the Ukrainian Community Society of Ivan Franco (Richmond). **(May 24,1923 – August 29,2014)**



Olga Kotelko was born in 1919, in Smuts, Saskatchewan, the 7th of 11 children to Ukrainian immigrants Wasyl and Anna Shawaga; a Super Senior earned 750 gold medals for track and field. The medals are for running and throwing events and each one celebrates her mastery in the sport, 37 world records she earned in 100m, 200m, high jump, long jump, javelin, discus, hammer, and shot put between 1996 and 2014” the year she turned 95. She believed that maintaining a positive attitude was key to her many years of good health and high energy. She was a fearless competitor who tackled each new adventure with passion and determination: **”Wishing for something won't make it happen; you have to work for it.**

In 1941 she began teaching in a one-room schoolhouse in Saskatchewan and, later in 1953, moved to New Westminister where she worked for the Burnaby School Board for 30 years until her retirement in 1984 at the age of 65.

She loved travelling around the world to her track and field events. She competed in Hungary, England, Germany, Brazil, Italy, USA, Australia, and Finland. In 2009 she was inducted into the **Canadian Master Athletes Hall of Fame**, received a **YWCA Woman of Distinction** award and was named **Master Athlete of the Year 2010** from Sport B.C. That same year, she proudly carried the torch in the 2010 Vancouver Olympic Torch Relay. Olga was deeply committed to her Ukrainian Catholic faith. She had been a member of the New Westminister and then **(St Mary's) Vancouver Ukrainian Catholic church**. She assisted in fundraisers that helped provide charitable support to various organizations in Ukraine. In 2011 she was awarded the **Nation Builders Award of the Ukrainian Canadian Congress**, Saskatchewan Provincial Council in appreciation for her many years of service in her community.

She enjoyed the camaraderie among the ladies at the **Ukrainian Catholic Women's League of Canada** where she contributed to its strong cultural identity. Because of her age and her outstanding athletic achievements, top scientists in exercise physiology, gerontology, neuropsychology, and evolutionary medicine analyzed her in groundbreaking research trials. Their findings are the subject of a recent book written by **Bruce Grierson** titled, **What Makes Olga Run?** The Mystery of the 90-Something Track Star and What She Can Teach Us About Living Longer, Happier Lives. One of her last extraordinary acts was to write her autobiography. She and her friend **Roxanne Davies** a St Mary's Parishioner co-wrote **Olga: The O.K. Way to a Healthy, Happy Life**. Olga believed an optimistic attitude and regular exercise contribute to good health, better energy, and a happier disposition. **”Don't focus on your age; focus on how you age.**

Olga Kotelko died on 24 June 2014, in North Vancouver, at age 95, The week before her death, she had competed in three events in the rain at Langley Pacific Invitational in Langley BC. (2 March 1919 – 24 June 2014)

See: *Olga: The O.K. Way to a Healthy, Happy Life Paperback – April 28 2014 by Olga Kotelko, Roxanne Davies*