

Українська Католицька Парафія Покров Пресвятої Богородиці

Protection of the Blessed Virgin Mary Ukrainian Catholic Parish

550 West 14 Avenue, Vancouver, BC V5Z 1P6

Phone: 604.879.5830 Fax: 604.874.2727

E-Mail: office@stmarysbc.com Website: www.stmarysbc.com

"Today the Virgin stands before us in the temple, And together with the choirs of saints prays to God for us."

16 березня, 2025

Volume 69 No. 11

March 16, 2025

Служби Божі/Divine Liturgies

Неділя/Sunday: 8:30 am English

10:30 am Ukrainian

У Свята/Holy Day of Obligation

10:00 am

Щодня/Daily (Mon-Sat)

7:30 am in Chapel

Сповідь/Confessions

Before both Sunday Divine Liturgies By appointment during the week

Baptism by appointment

Anointing of the Sick/Hospital Visits/ Eucharist for the sick - any time

Marriages - the arrangements with the priest must be made at least 6 months before the marriage

Funerals - by arrangement

Basilian Fathers serving the Parish

Fr. Joseph Pidskalny, OSBM - Administrator

Друга Неділя Великого Посту



Second Sunday of Great Lent

Hebrews 1:10 - 2:3 Mark 2:1-12 Welcome! The Protection of the Blessed Virgin Mary Parish welcomes everyone to our Sunday Divine Liturgy. Thank you for worshipping with us today. Your presence is a blessing to us.

Претерпівий, за нас страсти, Ісусе Христе, Сину Божий, помилуй, помилуй, помилуй нас! (Після відпусту)

Having suffered the passion for us, O Jesus Christ, Son of God, have mercy, have mercy, have mercy on us. (After Divine Liturgy)

Reflection for the 2nd Sunday of Lent

Lent is a time of change. Jesus shows us that suffering is not the end but a path to glory. As we continue this Lenten journey, may we open our hearts, listen to Jesus and allow His presence to change our hearts. This week, let us strive for stillness amidst the noise of daily life, seek healing from our spiritual paralysis and allow God's light to illuminate our path towards Easter.

Today: *Lyrika Chorus* of Holy Trinity Ukrainian Orthodox Cathedral, Vancouver will be presenting a short concert in honour of Taras Shevchenko in our Fellowship Room. Start time: 12:15 pm. Please join us in commemorating our great Ukrainian poet, writer and artist.

Coffee and sweets following the 8:30 and 10:30 am Divine Liturgies. Please join us.

Hymns at the 10:30 Divine Liturgy

Opening: page 154: Під хрест Твій стаю, Pid khrest Tviy stayu

Communion: page 146: Вже зближається година; Vzhe zblyzhayet'sia hodyna

Closing: page 152: О Ісусе найсвятіший; О Isuse naisviatishyi

Wednesday, March 19: 7:00 pm - Stations of the Cross in chapel.

Friday, March 21: Parish Mission. 10:00 am: Divine Liturgy

No Sorokousty on this day. We will celebrate a Panachyda after the Divine Liturgy for the intention of all those commemorated at the Sorokousty service.

Saturday, March 22: Parish Mission. 10:00 am: Divine Liturgy

Sunday, March 23: Parish Mission. Mission talks at both Divine Liturgies.

Our UCWLC will be holding an "Easter Bake Sale"- April 13 (Palm Sunday). This is for our parishioners only. Order forms are available in the church vestibule. Cut-off date for ordering is April 9. All orders may be picked up in the parish auditorium on Palm Sunday between 10:00 am - 12 Noon (following each Divine Liturgy).

Please don't wait until the last minute to place your order, as we need numbers for quantity to make. Thank you!

Marlayne Andrijaszyn, President.



St. Mary's Ukrainian Catholic Church Lenten Mission

Missionary: Fr. Dmytro Dnistrian, C.Ss.R.

Associate Pastor - Sts. Peter & Paul Ukrainian Catholic Church, Saskatoon, SK

"Hope does not disappoint." (Romans 5:5)

"Let us discover the true identity of Our Lord"

Friday, March 21: 10:00 am - Divine Liturgy, Panachyda & Mission Homily Saturday, March 22: 10:00 am - Divine Liturgy & Mission Homily Sunday, March 23: Mission Homily at 8:30 am & 10:30 am Divine Liturgies Opportunity for the Sacrament of Confession at each Divine Liturgy

Holy Father's Intention for March 2025

For families in crisis. Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Ukrainian Embroidery Club

A Ukrainian Embroidery Club meets on Monday evenings at St. Mary's from 5:00 - 7:00 pm in the downstairs classroom. New students, family and friends are welcome. For more information, please call Emily at 778.888.3057.

Ukrainian Classes for Adults

Ukrainian classes for adults are held on Monday evenings at St. Mary's. Please come join us. All levels welcome. For more information and tuition rates, etc., see ukrainianclasses.com, email info@ukrainianclasses.com or call Susan at 604.733.3756.

Prayer of St. Ephrem (Prayed during the period of Great Lent)

O Lord and Master of my life, give me not the spirit of sloth, indifference, lust of power, and idle chatter. (*Prostration*)

Instead, grant to me, Your servant, the spirit of temperance, humility, patience and love. (*Prostration*)

Yes, Lord and King! Grant me the grace to see my faults and not to condemn my brother; for You are blessed for ever and ever. Amen. (*Prostration*)

Молитва Св. Єфрема

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомовства віджени від мене. (Доземний поклін)

Духа чистоти, покори, терпеливости й любови даруй мені, слузі твоєму. (Доземний поклін)

Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо ти благословенний на віки вічні. Амінь. (Доземний поклін)

The Second Sunday of the Great Lent

The first Sunday of Great Lent is called the Triumph of Orthodoxy, because it remembers the restoration of icons to the churches and the confirmation of the truth of Orthodox belief.

The Second Sunday of Great Lent is dedicated to one of the pillars of Orthodoxy, St Gregory Palamas the Wonderworker, (1296-1359) Archbishop of Thessalonica. St. Gregory established a triumph of his own, denouncing the claim that God cannot be met through contemplative prayer. Reaffirming that the still, small voice of God is heard when we make our minds get out of our own way and let our hearts pray like they are already burning to do.

St. Gregory was one of the main supporters of a theory of contemplation called Hesychasm. Hesychasm means "prayerful stillness before God." It is prayer of the heart; it is a gathering of thoughts and feelings in the presence of God by means of spiritual reading and prayer. It is a quiet time with God. By following the ways of Hesychasm, we discover Christ hidden in our hearts. He is waiting for us to discover Him in stillness through quiet contemplation.

This Second Sunday of Great Lent is a day to remember what we often forget. The stillness. The heart. It's all there. It's just up to us to remember where we left it, buried it, and forgot it. St. Gregory earnestly taught that ordinary people could see the divine light of God, could breathe the breath of God once more, if they will truly give themselves to prayer, to fasting, to worship, to good works, to humility, to real change, to becoming the kind of people concerning whom others can truly say, "Here is one in whom God lives, in whom God breathes. Here is one in whom I see God's glory." Are you one of these?

Today's Gospel message carries several important lessons for our journey to salvation. The first is that we must come to Christ to be healed of our spiritual sicknesses. Christ did not just heal the paralytic but He also forgave his sins, which was more important.

Secondly, just as the paralytic's friends helped him, we as the Body of Christ need to help one another. The passage stresses that it was not the faith of the paralytic alone that made him well. Only when Jesus saw "their faith" did He forgive his sins and heal him.

Thirdly, we can think of prayer, fasting, almsgiving, and obedience as the four friends that help us come before Christ and be healed.

Relics of Blessed Martyr Vasyl Velychkovsky, C.Ss.R

Our parish has been gifted a number of Third Class Relics of Blessed Vasyl Velychkovsky, a Ukrainian Catholic Redemptorist Bishop and Martyr. (A Third Class Relic of Blessed Vasyl is a piece of cloth, which was touched to his holy body, wrapped in paper.) Please see Fr. Joseph to obtain a relic of Blessed Martyr Vasyl.

For more information on Blessed Martyr Vasyl's life and of the Shrine dedicated to him in Winnipeg, please visit: https://bvmartyrshrine.com/about/his-life/